From dining tables to foosball tables, coffee tables to pool tables, we gather around tables to make connections and have conversations. Tables and meals are essential throughout the Scriptures.

We take part in this rich tradition of holy and healing meals, providing great food and even better conversations among ministry couples. These table interactions foster laughter and tears as they create friendships among couples who so often feel alone in their ministry settings.

While our retreats are therapeutic, they are not therapy. Our focus is on supporting couples not on brainstorming ministry ideas. There is no healthy ministry without healthy ministers. And we believe table time together is central to a healthy wholeness.



Pete and Charlene Santucci live in Bend, OR, where The Table Retreats are hosted. Pete is an author, hospital chaplain, and spiritual director after years as a pastor and church planter. Charlene is an art teacher and has served alongside Pete during their 28 years of marriage and the raising of their four children.

Geordie and Sharon Ziegler serve with *Imago Christi* as spiritual formation coaches. During their marriage of more than 30 years, they have lived in four countries, raised three children, and pastored two churches. They have led numerous classes, retreats, and small groups with a passion for healthy marriages. They reside in Camas, WA.

Both couples have experienced the challenges ministry places on marriage and have a passion for encouraging and supporting pastors, missionaries, and other Christian leaders. All four studied together at Regent college (Vancouver B.C.) receiving various degrees, and cheering each other on as the years have passed.

# The Table Retreats @Springriver



Reinvigorating the people of God through curated conversations and a sabbath experience in a beautiful setting.



Come to me all who are weary and burdened, and I will give you rest. Matthew 11:28



## Conversation and Connection

The Table Retreats exists to support ministry couples by providing a safe space to reconnect with God and with one another in community with other couples who understand and share similar challenges.

### **Ministry Couple Retreats**

Come join us Thursday dinner through Sunday for an extended weekend of light programming and curated conversations as you connect with others who share your journey in ministry. We're able to keep the cost to \$500 per couple through generous donations which cover 2/3 of the actual cost.

Visit our website for dates of upcoming retreats.

#### **Small Group Retreats**

Create your own weekend retreat with your ministry small group, couples covenant group, or church staff. We have formats for each one.

#### Variations available:

Retreats run by our staff or by your own group. Two- or three-night options.

Dates and rates are negotiable. Unfortunately, summer dates are no available, but many other dates are.

#### Other possibilities

Adding a day or two onto your time with us is an option if you need some additional non-programmed time to rest, refresh, write, go for walks in the woods here, or simply do some prayer and thinking. Ask about this option.



We are a non-profit ministry desiring to rejuvenate those who serve, if you would like to be a part of what we do by donating toward expenses or scholarships, please use

https://antiochbend.churchcenter.com/giving/to/the-table